

TASL 7 v 7 RULES (REVISED 05/25/2009)

- 1) Games: Each half will be 35 minutes in length. Half time shall not exceed five (5) minutes.
- 2) The referee is in absolute control of the game. He/she has the right to stop the game at his/her discretion. Teams are responsible for keeping their spectators under control. Misconduct of spectators or players can result in assessment of a yellow card, red card or forfeiture of the game.
- 3) Players: Six (6) on the field and one (1) goalkeeper. A minimum of four (4) players on the field including one (1) goalkeeper.
- 4) The winner of the coin toss will choose which goal they want to defend.
- 5) Cautioned (yellow card) players must leave the field until the next stoppage of play – i.e. kickoff, kick in or goal kick.
- 6) Substitution:
 - (I) There will be free substitutions at any time
 - (II) Players must come on and go off at the centre mark
 - (III) Too many players on the field will be cautioned.
 - (IV) The players coming off the field and the players coming on both cannot be involved in the play of the field.
- 7) No offside rule
- 8) No slide tackling: infraction will result in an indirect kick
- 9) No throw ins: balls crossing the touch line will result in an indirect kick
- 10) Corner kicks: a goal may be scored directly from a corner kick, no second touch is required
- 11) Goal kicks: Indirect kick. Must touch ground or a player before crossing the centre line.
- 12) All fouls: Indirect kick, (coed rules) women must take the kick on their offensive half of field
- 13) Defensive wall: Eight (8) yards from ball.
- 14) Goal kicks: Can be taken anywhere inside the penalty ARC area.
- 15) Penalty kicks: Taken from penalty spot 12 yards from the goal line
- 16) Goalkeeper:
 - (I) Goalkeeper change must be reported to the official.
 - (II) Cannot punt the ball in the air over the halfway line once he/she has controlled the ball with his/her hands. Goalkeeper or player cannot advance the ball over the halfway line during a goal kick.
 - (III) If the goalkeeper receives a pass back or wins a tackle as a defensive player, the ball can travel passed the halfway line.
 - (IV) The goalkeeper pass back rule applies.
 - (V) Goalkeeper six (6) second rule applies.
 - (VI) Goalkeeper may drop kick the ball over the halfway line while inside the penalty box area. If the ball is drop kicked within the penalty box area the ball must have additional player contact or bounce before the halfway line.
 - (VII) During a goal kick, the goalkeeper has the option to kick or throw the ball back into play.

- (VIII) The goalkeeper may advance the ball over the halfway line if the ball is put back into play at his/her foot and the ball makes a full rotation.
 - (IX) On any indirect free kick, if the goalkeeper touches the ball and it goes into the goal, it is considered a goal.
- 17) Coed 30/25:
- (I) Maximum of each gender on the field during play is three (3) excluding the goalkeeper.
 - (II) The five (5) foot rule applies. (recap) Male players must stay five (5) feet away from a female player on the opposite team that has activity touched a loose or 50/50 ball. If a woman tackles or challenges a man in possession of the ball, the five (5) foot rule does not apply until the woman dispossesses the ball and demonstrates possession of the ball. The five (5) foot rule does not apply in the penalty arcs. Shadowing is not allowed. The penalty for this infraction is an indirect free kick.
- 18) If not mentioned in these rules, refer to TASL and FIFA regular season rules.
- 19) Games will begin promptly.
- 20) Team and players are responsible for disposing of their own trash.
- 21) Each team is responsible for one (1) set of portable goals.
- 22) Setting up, taking down and returning to the side of the field nearest to the parking lot.